



39 HEALTHY TREATS you can stuff in a kong

Apples	Cheese	Pumpkin
Applesauce	Cottage Cheese	Rice
Asparagus	Cucumber	Rutabaga
Baby Food	Eggs	Salmon
Bananas	Flax Seeds	Spinach
Blackberries	Green Beans	Squash
Blueberries	Honey	Steak
Broccoli	Kale	Strawberries
Brussels Sprouts	Oatmeal	Snap Peas
Cantaloupe	Oranges	Sweet Potato
Carrots	Peanut Butter	Watermelon
Cauliflower	Peas	Yogurt
Celery	Pineapple	Zucchini

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